



New Year, New Garden: Revitalise Your Garden with British Garden Centres' New Year's Resolutions

As we bid farewell to another year and welcome the possibilities of a new chapter, it is the perfect time to plan and implement New Year's resolutions for your garden. Just like personal goals, setting resolutions for your garden can help you make beautiful improvements and ensure a thriving and radiant outdoor space that you can enjoy throughout the year. The team at British Garden Centres look at some tips and advice that will you get excited about the gardening year to come

Love your soil

One of your first New Year resolutions for your garden is to nurture your soil for a healthy start for your plants. Start by doing a soil test to understand its composition and pH levels. Acid soils have a pH of less than 6.0, alkaline ones are higher than 7.0, while soils with a pH of 6.0-7.0 are about right, or neutral.

In the UK, the main types of soil include:

Chalk: Small pieces of white chalk are visible.

Clay: Easily can be moulded into a ball.

Sand: Your soil ball will fall apart while you are attempting to form it.

Silt: Has a slippery texture

Loam Soil: A mixture of clay and sand.

Once you have a better understanding of your soil, this will determine which plants you can grow and what you need to do to help them succeed. Healthy soil is the foundation for robust plant growth and vitality.

Expand your plant selection

Diversifying your plant selection can bring a burst of colour and life to your garden. Consider incorporating a variety of native plants and flowers to attract beneficial insects and pollinators. Additionally, integrating a mix of annuals, perennials, and flowering shrubs can ensure that your garden remains vibrant and visually appealing throughout the year. Our knowledgeable plant team at your local British Garden Centres store will be able to advise you on choices for your soil, location, and taste to make your garden in 2024.



Garden sustainably

As the awareness of climate change increases, incorporate sustainable gardening practices as part of your New Year's resolutions. This can include water conservation techniques, such as installing a water butt or drip irrigation system, as well as minimising the use of chemical pesticides and herbicides by using organic plant care. By adopting eco-friendly approaches, you can contribute to a healthier environment while maintaining a thriving garden.

Make a compost bin

Recycling your garden and kitchen waste is a terrific way to reduce waste and nourish your plants. One of the most effective ways to do this is by using a compost bin. The best part is that it is easy for you to get started and you do not need any fancy equipment.

Why not buy a small container in the kitchen that can sit on the counter? It is perfect for storing kitchen scraps, such as fruit and vegetable peelings, eggshells, and coffee grounds. Plus, there is no unpleasant smell to worry about. By using a compost bin, you can reduce waste, nourish your plants, and create a more sustainable lifestyle.

Start a kitchen garden

Look for new ways to prepare and incorporate vegetables into your diet and garden by starting 2024 healthy.

Make a list of vegetables you want to include in your garden. Your local British Garden Centres team will be able to provide information on what vegetables will thrive in your garden beds or containers and tips on when and how to plant and care for them.

Greens like spinach, brassicas, chard and kale, carrots, beetroot, brussels sprouts, and red cabbage are among the most nutritionally dense vegetables. Why not try potatoes, tomatoes and sweet peppers that produce an abundance of fruit from just one plant, making it cost-effective too?

Create a relaxing outdoor oasis to enjoy

Creating a tranquil and inviting outdoor space where you can unwind and connect with nature. Whether it's adding a cosy seating area, installing mood lighting, or incorporating a water feature, British Garden Centres can provide a serene retreat right in your outdoor space so you can achieve a better work/life balance, make the garden your fifth room to wind down in over the summer.

Amy Stubbs, Project and Development Manager at British Garden Centres said: "January is an exciting time to start planning how to brighten up your garden once Christmas is done and dusted. By making simple garden



improvements top of your New Year's resolution list, you can maximise your outdoor living space and your local British Garden Centres store is on hand to help you create a vibrant and fulfilling garden in 2024."

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Notes to Editors:

About the business:

British Garden Centres (BGC) is the UK's largest family-owned garden centre group with 62 centres around the country. The group is owned and led by The Stubbs family, who also own and operate Woodthorpe Leisure Park in Lincolnshire.

BGC was launched in 1987 with the opening of Woodthorpe Garden Centre by brothers Charles and Robert Stubbs. Since 2018 it has expanded rapidly with the acquisition of 50 garden centres allowing it to grow from its heartland to the business it is now with 62 garden centres spread from Carmarthen to Ramsgate, Wimborne to East Durham.

The group has a team of 2,700 colleagues working across the garden centres, restaurants, 2 growing nurseries, 4 distribution centres, Woodthorpe Leisure Park, and Woody's Restaurant & Bar.

Social Media

Facebook: British Garden Centres

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