

























Recipe Allergen Information

Recipe	Allergens																								
Gardeners Retreat 2023 Menu Breakfast		Wheat (gluten)	Rye (gluten)	Barley (gluten)	Oats (gluten)	Crustaceans	Molluscs	Fish	Eggs	Milk	Celery	Mustard	Sesame seeds	Peanuts	Lupin	Soybeans	Sulphur dioxide and sulphites	Almonds (nuts)	Hazelnuts (nuts)	Walnuts (nuts)	Cashews (nuts)	Pecans (nuts)	Brazil (nuts)	Pistachios (nuts)	Macadamias/Queensland (nuts)
Bacon Sandwich	Barley (gluten), Milk, Soybeans, Wheat (gluten)	✔		✔						✔						✔									
Big Breakfast	Barley (gluten), Eggs, Milk, Soybeans, Sulphur dioxide and sulphites, Wheat (gluten)	✔		✔					✔	✔						✔	✔								
Big Vegetarian Breakfast	Barley (gluten), Eggs, Milk, Soybeans, Wheat (gluten)	✔		✔					✔	✔						✔									
Eggs Benedict	Barley (gluten), Eggs, Milk, Soybeans, Wheat (gluten) <i>May contain Sesame seeds</i>	✔		✔					✔	✔						✔									
Full English Breakfast	Barley (gluten), Eggs, Milk, Soybeans, Sulphur dioxide and sulphites, Wheat (gluten)	✔		✔					✔	✔						✔	✔								
Loaded Breakfast Omelette	Eggs, Milk, Soybeans, Sulphur dioxide and sulphites, Wheat (gluten)	✔							✔	✔						✔	✔								
Loaded Vegetarian Omelette	Eggs, Milk, Wheat (gluten)	✔							✔	✔															
Potting Shed Breakfast	Barley (gluten), Eggs, Milk, Oats (gluten), Soybeans, Wheat (gluten) <i>May contain Sesame seeds</i>	✔		✔	✔				✔	✔						✔									
Sausage Sandwich	Barley (gluten), Milk, Soybeans, Sulphur dioxide and sulphites, Wheat (gluten)	✔		✔						✔						✔	✔								
Toast & Preserves	Barley (gluten), Milk, Soybeans, Wheat (gluten)	✔		✔						✔						✔									
Toasted Teacake	Milk, Wheat (gluten) <i>May contain Sesame seeds, Sulphur dioxide and sulphites</i>	✔								✔															
Vegetarian Breakfast	Barley (gluten), Eggs, Milk, Soybeans, Wheat (gluten)	✔		✔					✔	✔						✔									

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May Contain Allergen



Allergen Present

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